



Go-Givers

# Tongue- The power of words





This story is adapted from a West Indian Carib legend.





The Carib people lived in the Caribbean islands long before they were visited by Europeans such as Christopher Columbus.

The Caribs believed that there were many Gods.

This traditional tale is about Obatala, who was said to be the most powerful of all the Gods.





Obatala ruled across the entire universe.

It was a huge responsibility, so he decided to choose another god to be his special helper.





Planet Earth was the most difficult of all the planets to rule.

This was because of the human beings who lived on Earth.

Obatala thought that humans were the most challenging creatures in the whole universe!





Obatala believed that the god Orula might be a good helper.

Orula was known to be thoughtful and wise.

However, before Obatala gave Orula responsibility for planet Earth, he thought that he would set him a test.





Obatala ordered Orula to cook him the most delicious meal he had ever made.

Some hours later Orula returned with a plate of ox tongue.

Obatala tasted it, and found it to be the most delightful meal he had ever eaten.





'Tell me, why did you choose tongue?' asked Obatala.

'A tongue can do so much good' replied Orula.

'It can speak words of love and kindness. It can tell jokes that make people laugh and it can give comfort to those in pain.'







Obatala smiled, he was very pleased with Orula's answer.

'Next I would like you to cook me the worst meal you have ever made.' commanded Obatala.

Orula bowed, then left.





A little while later Orula returned.

He was carrying what looked like the same dish that he had already served Obatala.

Once again, Obatala took a small piece to taste.





'Urgh, that's absolutely disgusting. I don't understand how the same food could taste so bad!' cried Obatala.

'A tongue can do good but it can also do terrible evil.' said Orula.

'A tongue can spread lies, and cause immense pain if it says cruel words. It can even lead people to do wicked things.'





'You have shown me that you have great wisdom' said Obatala.

'I will make you the ruler of Earth, for there you will find human beings with tongues that can do great good or terrible evil.

Guide them to make the right choices so they can lead a happy life.'





# Story recap

**Q. Why did Obatala want someone to help him rule Earth?**

**Q. What test did Obatala give Orula?**

**Q. Why did Orula say a tongue can do so much good?**

**Q. Why did Orula say a tongue can do so much evil?**

**Q. Why did Obatala think humans needed Orula's help?**





# The power of words

The story teaches us that what we say can cause good or harm.

Listen to how these characters use words and think about the harm they might cause.

Change the character's words for kinder language and rerun each scene.





***Ellie is playing on her iPad when her little brother, Sam, comes over.***

'I want the iPad! Give it to me now Ellie!' whines Sam.

'No!' screams Ellie. 'Get lost Sam! You're soooo annoying.'

**Q. How is Ellie feeling?**

**Q. How is Sam feeling?**

**Q. What might happen next?**



Change what they say to kind words and rerun the scene.



***Kaleb is hanging up his jacket in the cloakroom when Phoebe comes over.***

'Take your jacket off that peg, it's my space.' demands Phoebe.

'Fine! I don't want to be near you anyway.' grumbles Kaleb.

**Q. How is Kaleb feeling?**

**Q. How is Phoebe feeling?**

**Q. What might happen next?**



Change what they say to kind words and rerun the scene.





***Alessia and Alex are picking books in the library.***

'That book you've chosen is for babies.' teases Alex.

'No it isn't', shut up!' snaps Alessia.

**Q. How is Alessia feeling?**

**Q. How is Alex feeling?**

**Q. What might happen next?**



Change what they say to kind words and rerun the scene.



# Tongue Twister

Exercise your tongue with these rhymes that remind us how to use our words.

***We use wonderful wise words  
when we are working well with  
others.***

***Nasty negative name-calling  
never wins nice new friends.***

***Totally terrible talk turns to  
tears, tantrums and teasing.***





# Tongue Twister

Exercise your tongue with rhymes that remind us how to use our words.

**Q. Can you create your own tongue twister to teach others?**

Tongue twisters use alliteration which is repeating the same sound at the start of most words in the rhyme.

