



**What does it mean to  
be rooted?**







# Archie's Welcome



**Hey Young Leaders,** welcome to my lessons on Be rooted. Today we are exploring what this actually means, thinking about the things in our lives that help us to grow and the things that keep us strong and stable, so that we can face any challenge that comes our way. Later on we'll explore what it means to be rooted in leadership, character, community and faith. I'm looking forward to sharing with you lots of tools to help you be rooted. My motto is 'be the change you want to see'. Let's get started discovering how we can do this.



# Odd One Out?



What do these pictures have in common?



Which one is the odd one out?

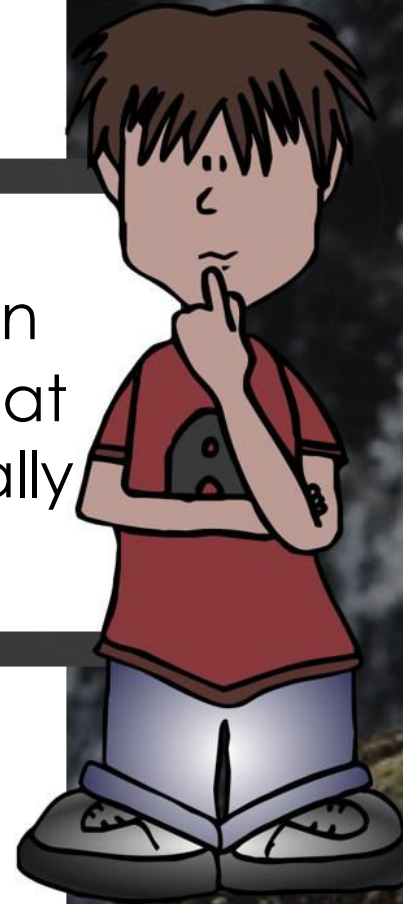




# Growing Well

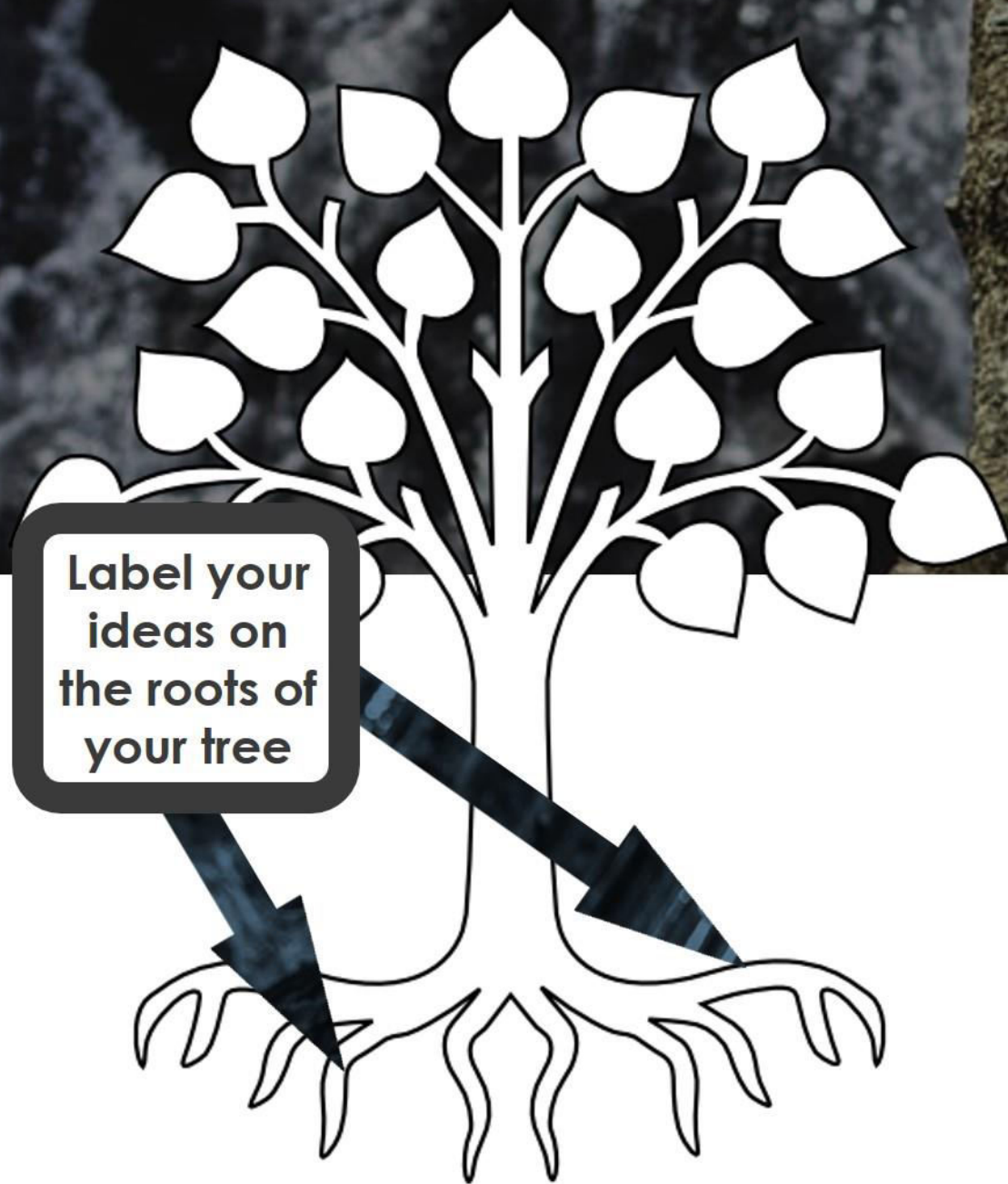
What do plants and trees need to grow and develop well?

**TIP** Where can you think of that trees grow really well? Why?



# Growing Well

Who or what helps you to grow and develop?



Culture



Family



Friends



School



Community

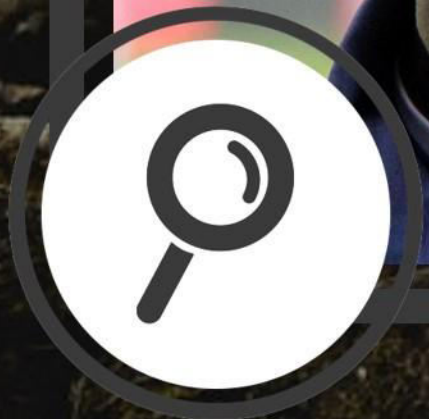




# Connecting to your Roots

What do you know about Sadio Mane?

**CLUE** His personal story hit the news when he was pictured carrying a cracked iPhone




# Connecting to your Roots

- 🔍 What challenges in life has Mané faced?
- 🔍 What things does he see as important for helping others to grow?



Click to watch  
a video to find  
out more.

**Introducing Sadio Mané** 

**Helping Others to Grow**

- He has spent thousands of pounds building a hospital, mosque, football stadium and school in the village.
- He donated money to help the Senegalese health authorities cope with the coronavirus outbreak, as well as equipping children in his village with their own football kit and giving every family money to help them buy essentials.

**"My father died because there was no hospital in the village, so I decided to build one." Sadio Mané**

- Known for his kindness and down-to-earth attitude, he's been spotted helping to unload crates of water bottles from his team's bus, treated unsuspecting fans and ball boys with gifts and instead of celebrating after winning a big game, was seen scrubbing toilets at his local mosque.
- His attitude towards luxury things is also unusual for someone so wealthy. After being photographed with a cracked iPhone, Sadio Mané said:

**"Why would I want ten Ferraris, 20 diamond watches, or two planes? What will these objects do for me and for the world? I was hungry, and I had to work in the field; I survived hard times, played football barefooted, I did not have an education and many other things, but today with what I earn thanks to football, I can help my people."**

**🔍 A premier league football player from Senegal in West Africa who currently plays for Liverpool.**

**🔍 He is now very wealthy, but it wasn't always this way.**

**🔍 His home village of Bambali in Senegal is very poor so Mané has done everything he can to give back to his community.**

What challenges in life has Mané faced?

What things does he see as important for helping others to grow?



# Using your Roots to Grow

How would you like to grow?

Include:

- your **ambitions** and **hopes**
- The **knowledge, skills** and **qualities** you would like to grow
- The **kind of person** you would like to become



Label the leaves of your tree with your ideas

be rooted

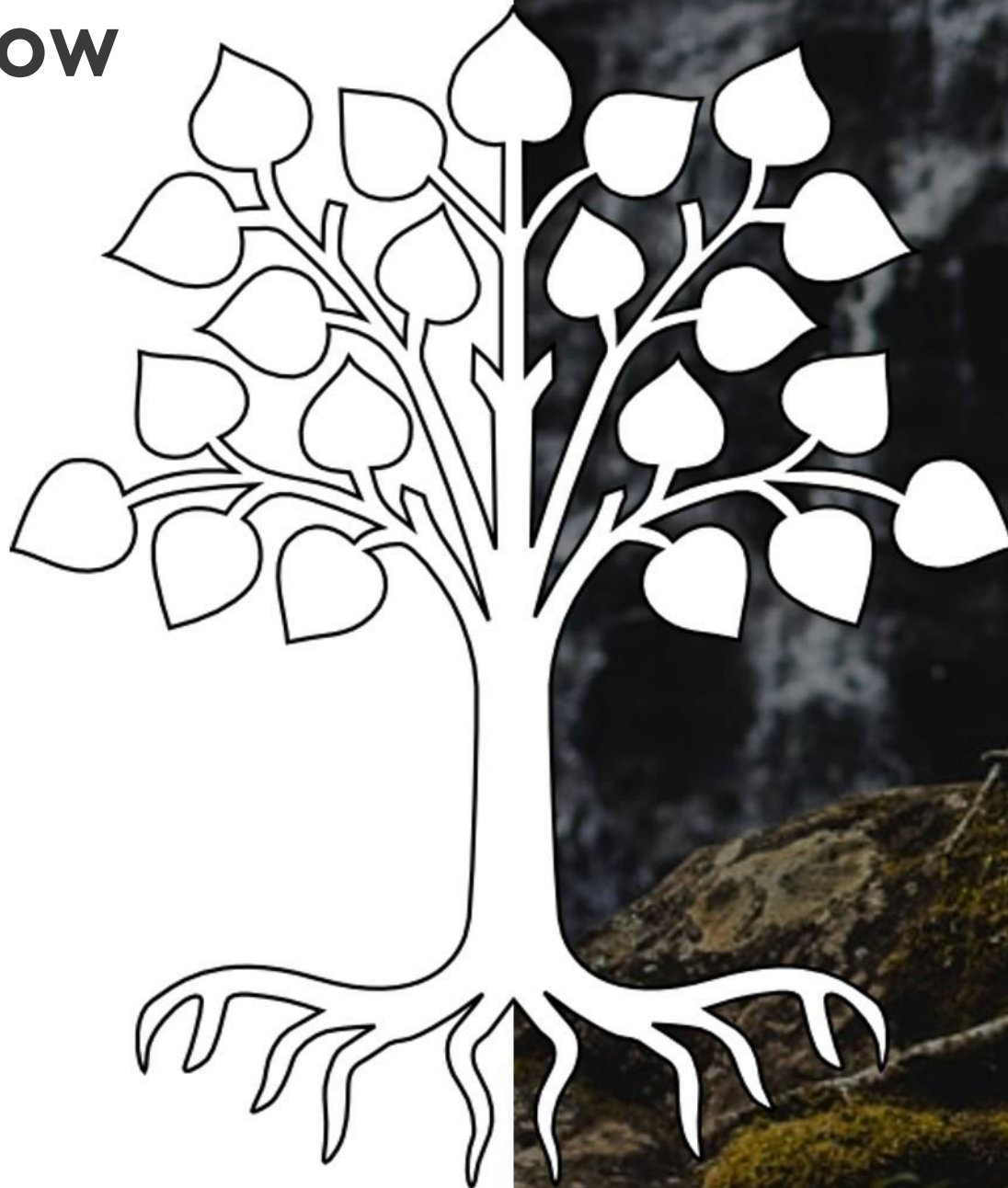
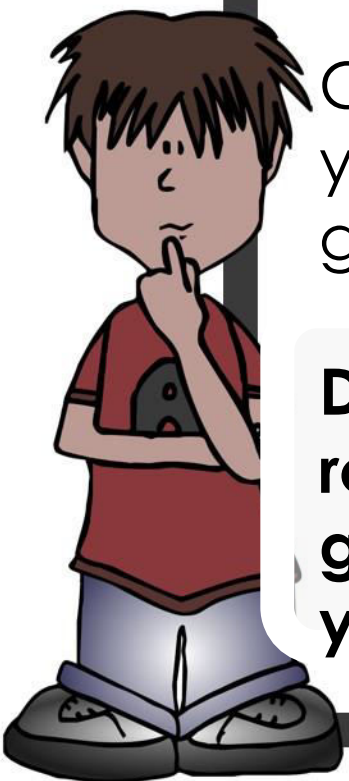


# Using your Roots to Grow

**Share your tree with your partner.**

Choose 2 leaves you'd really like to grow.

**Discuss how your roots might help you grow the leaves on your tree.**







# be rooted

Research more about **plant roots**. Do they all look the same and need the same conditions to survive? Find out about a plant that doesn't grow in soil.

Think of a person you admire. What **skills** and **qualities** do they have? Create a tree for them. What do you think has kept them **rooted** and helped them to **grow**?

Find some **inspiring quotes** about **being rooted**. Choose one that stands out to you and create a poster about being rooted.

Write about a **challenge** or **difficulty** you have faced. What helped you overcome it? Were there skills you used or actions that helped you? What did you learn from that experience?

Investigate what being a **leader** means. What **skills** might a **good leader** have? Make a list. Which of these skills are you good at?

Ask a trusted adult about their **roots**. What has helped them to **grow** and **develop** in life? How would they still like to grow?

Choose an **activity** to **explore** more about **Being Rooted**







## Final Thoughts

Being Rooted Means...





*“ The YLA has helped the development of pupil's maturity and independence. During the Award, they have become increasingly aware of the needs of others both locally, nationally and globally. ”*

**YLA Teacher**



*“ An increase in their confidence and self-belief is seen as they develop the courage to make even the smallest of changes to benefit others. To watch the children sense of pride as they work together to become young leaders is a privilege. ”*

**YLA Teacher**

## Have you enjoyed Be Rooted?

The Archbishop of York Youth Trust also have a fantastic resource available to schools called the Young Leaders Award (YLA). The YLA is a fully resourced leadership and character education programme designed to be delivered by teaching staff within the classroom.

**The YLA is available at all levels KS1/KS2/KS3/KS4/16+**

For more details visit our website below

[www.abyyt.com/ylo](http://www.abyyt.com/ylo)

